

What *to* Eat

This Week

YOUR SHOPPING LIST

PRODUCE

- 1/2 pound fresh arugula
- 2 ripe nectarines
- 4 pints fresh raspberries
- 1 roma tomato
- 1 mango, ripe but firm
- 1 small red onion
- 2 bunches asparagus
- 3 heads of garlic
- 1 bunch cilantro
- 1 bunch mint
- 2 limes

DAIRY

- 1 large egg
- 8 ounces soft goat cheese
- 4 ounces heavy cream

MEAT

- 1 1/2 pounds hanger steak

GROCERY

- Olive oil
- Champagne vinegar (or Rice Wine vinegar)
- Honey
- 8 ounces panko bread crumbs
- All-purpose flour
- 20 ounces seltzer water
- 4 bottles Lindemans Framboise Raspberry Lambic
- 12 ounces white chocolate